Ideas for stay at home activities

We have complied a bunch of sites with different styles for different needs. Each offers different ways to manage/enjoy your day. Interests vary from person to person, so find your things or explore new ones. Some sights may seem redundant, but within each, there are things that others don't have. Explore and enjoy. Make the best of the time you have. What is that saying you've heard a bunch of times?

"If you get lemons, make..."

Webcam (virtual visit) at the GA zoo: https://www.georgiaaquarium.org/webcam/ocean-voyager/

Sign up for free daily virtual classes (cooking, dancing, drawing, etc.) https://www.charlotteonthecheap.com/

50 Indoor Easy Craft and Game Ideas: https://www.itsalwaysautumn.com/best-indoor-kid-crafts-activities.html

Deseret News' Survival guide: A Comprehensive list of suggestions and ways to manage your time if quarantined. https://www.deseret.com/entertainment/2020/3/16/21181147/coronavirus-covid19-quarantine-parents-kids-children-activities-learn-school

Games, activities or craft broken down by age group: https://www.whatdowedoallday.com/indoor-activities-for-kids/

List of learning resources and apps for kids home from school: https://www.kiro7.com/news/trending/coronavirus-learning-resources-kids-home-school/5TSTZSDKWNGV3HR4KF5YMVXQ34/

NY Times-Practical suggestions for managing having everyone home for an extended period of time: https://www.nytimes.com/2020/03/17/parenting/coronavirus-schools-lessons.html

CNN Style - Their compilation of museum, concerts and ideas of what to do from home:

https://www.google.com/amp/s/www.cnn.com/style/amp/what-to-do-at-home-streaming-art-museums-concerts-coronavirus-trnd/index.html

Travel and Leisure-Virtual tours of national parks and trip ideas:

https://www.google.com/amp/s/www.travelandleisure.com/trip-ideas/national-parks/virtual-national-parks-tours%3Famp%3Dtrue

USA Today 6 Virtual tours to try: https://www.google.com/amp/s/amp.usatoday.com/amp/5060244002

Museum Exhibits, Symphonies, and Operas You Can Enjoy From Home:

https://www.google.com/amp/s/www.cntraveler.com/story/all-the-museum-exhibits-symphonies-and-operas-you-canenjoy-from-home/amp

Virtual Museums: https://hyperallergic.com/547919/2500-virtual-museum-tours-google-arts-culture/

Cincinnati Zoo Home Safari daily at 3pm EST – highlights one animal and provides an activity to do at home. http://cincinnatizoo.org/home-safari-resources/

Headspace free for the remainder of the year for providers in healthcare – Register with NPI number.

https://www.prnewswire.com/news-releases/headspace-announces-new-efforts-to-help-consumers-healthcare-providers-curb-rising-stress-and-anxiety-

 $\underline{301024557.html?fbclid=lwAR1dRzKl5PqmgkpxnVjYVw0q0OTeW6fkhfwStBh1k33rT123uZBLR1FcTHQ}$

Virtual Field Trips:

https://docs.google.com/document/d/1SvIdgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/mobilebasic?fbclid=IwAR2KXpP48gGwR66fSSzveNE_SItj2m3gfX2enc6l5HppMRtmBuMdCQLiC0E

Scholastic Free daily courses for kids PreK-Grades 6+: <a href="https://www.wfla.com/community/health/coronavirus/scholastic-releases-daily-learning-courses-for-kids-home-from-school-amid-coronavirus/?fbclid=lwAR3YYVHi 4qx6pUG bPpXUmzGJH RwM2bRz7ixHP3MP27ieODN0C0 QbGHg

List of Education companies offering free programming: https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/?fbclid=lwAR1GZnatS3yStHf13yyWcIDGpuJXE8qHJd8pYAxgJL07KrP 50pR-kHiokU

ABC Mouse -2 years-old through second grade. Adventure Academy -3^{rd} -8th grade; Reading IQ - reading preschool through 6th grade. Free code - SCHOOL7771

Online dance lessons: http://www.learntodance.com/online-dance-lessons/

Opera Virtual shows - https://www.travelandleisure.com/culture-design/music/metropolitan-opera-offering-free-virtual-shows

Ideas for specific activities - https://familyeguide.com/boredom-busters-110-fun-at-home-activities-for-families-kids-2/

Gardening, baking, treasure or scavenger hunts, learning a new language, puzzles, art – painting, photography, singing, drawing; dancing, etc. Here's some other ideas: https://familyeguide.com/boredom-busters-110-fun-at-home-activities-for-families-kids-2/

College courses – Free https://www.makeuseof.com/tag/8-awesome-websites-free-college-courses-online/

Learn a new language - https://www.inc.com/larry-kim/9-places-to-learn-a-new-language-online-for-fre.html

Hyperallergic – 25,000 virtual museum tours: https://hyperallergic.com/547919/2500-virtual-museum-tours-google-arts-culture/

Ideas to keep our bodies moving: https://www.healthlinkbc.ca/health-topics/aa165656

Nerdist – Free apps for exercise: https://nerdist.com/article/exercise-workout-apps-coronavirus-quarantine/

"Frozen" Actor Josh Gad (voice of Olaf) will read books to kids each night via Twitter https://t.co/ijZeFccTF3

**Special thanks to Dr. Tia R. Konzer, DO of Konzer Psychiatric, PC and Dr. Randie Schacter of Silver Psychiatric Services, PC for this list to keep our bodies and minds busy.

"...Limoncello or Lemonade if you're underage. "